



Department of Social Sciences, BSc (Psychology) Programme  
M.O.P Vaishnav College (Autonomous), Chennai

IN ASSOCIATION WITH

Clinical Psychology Society of India (CPSI) &  
Tamil Nadu Association of Clinical Psychologists (TNACP)

In observance of  
World Mental Health Day - 2023

Organizes a

**NATIONAL SYMPOSIUM  
ON  
INTERSECTIONALITY OF YOUTH MENTAL HEALTH**

Date:

16th October 2023, Monday

9:30 AM to 4:00 PM

Venue:

Auditorium, 2nd floor,  
M.O.P Vaishnav College for Women, Chennai

Registration Fee:

Professionals: Rs 750/-

CPSI & TNACP Members: Rs 600/-

Students: Rs 300/-

For Further Details contact:

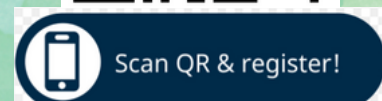
Ms. Ghayathri Swetha Kumari: +919884731978

Dr Keerthi Pai: +919940211077

Dr N Suresh Kumar: +919788722666



CLICK HERE  
TO REGISTER  
NOW



# Programme Schedule

10:00 to 10:35am

## **Growing up**

by **Dr Rangarajan DPM, MRCPsych**

Consultant Psychiatrist, Psymed Hospital, Chennai

10:40 to 11:15am

## **Protective factors in Adolescence**

by **Dr Mohan Raj MD DNB,**

Consultant Psychiatrist, Tharu clinic, Chennai

11:30 to 12:30pm

## **Inaugural Function**

**12:30- 1:30 pm Lunch Break**

1:30 to 2.10pm

## **Emerging hope: EEG Neurofeedback in mental health issues**

by **Dr Jamuna Rajeswaran**

Head of Department, Department of Clinical Psychology, NIMHANS and President, CPSI

2:10 to 2:40pm

## **Building a Resilient Mindset**

by **Prof. Bhasi Sukumaran**

Professor and Head, Dept of Clinical Psychology, SRM Medical college, Chennai

2:40 to 3:30pm

## **Panel Discussion: Suicide Prevention**

**Moderator: Dr Keerthi Pai**

Senior Consultant Clinical Psychologist, Apollo Hospitals, Chennai

Founder Element H Psychological Support Services, Joint Secretary CPSI

**Panelists:**

**Dr Sujatha Velmurugan**

Senior Consultant Psychiatrist, Kaveri Hospital, Chennai;

**Dr V. Sunil Kumar**

Clinical Psychologist, Founder Mindzone, Chennai

**Dr Srinivasan Jayaraman**

Clinical Psychologist, Apollo Proton, Chennai

**Mrs Kalyani Rohit,**

Actor, Influencer, Mental Health Activist, Chennai

3:30 to 4:00pm

## **Valedictory**

4:00pm

## **Tea**

For Further Details contact:

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Extends a warm welcome to all

Inaugural Function

NATIONAL SYMPOSIUM

ON

INTERSECTIONALITY OF YOUTH MENTAL HEALTH

On

16th October 2023, Monday

Chief Guest

**Thiru Dayanidhi Maran**

Hon'ble Member of Parliament, Chennai Central

Patrons

**Dr Archna Prasad**

Principal,

M.O.P Vaishnav College for Women  
Chennai

Convenor

**Dr Keerthi Pai**

Organizing Secretary &  
Hon. Joint Secretary, CPSI

**Prof Jamuna Rajeswaran**

Professor, NIMHANS

& Hon. President

Clinical Psychology Society of India

Convenor

**Ms. Ghayathri Swetha Kumari R.A**

Asst Professor and Head,  
Psychology Programme, Dept of Social Sciences  
M.O.P Vaishnav College for Women, Chennai

**Prof Rangaswamy**

President,

TamilNadu Association of Clinical  
Psychologists

Co-Convenor

**Dr N Suresh Kumar**

Hon. General Secretary,  
TNACP & CPSI

Venue: Auditorium, 2nd floor, M.O.P Vaishnav College for Women, Chennai