



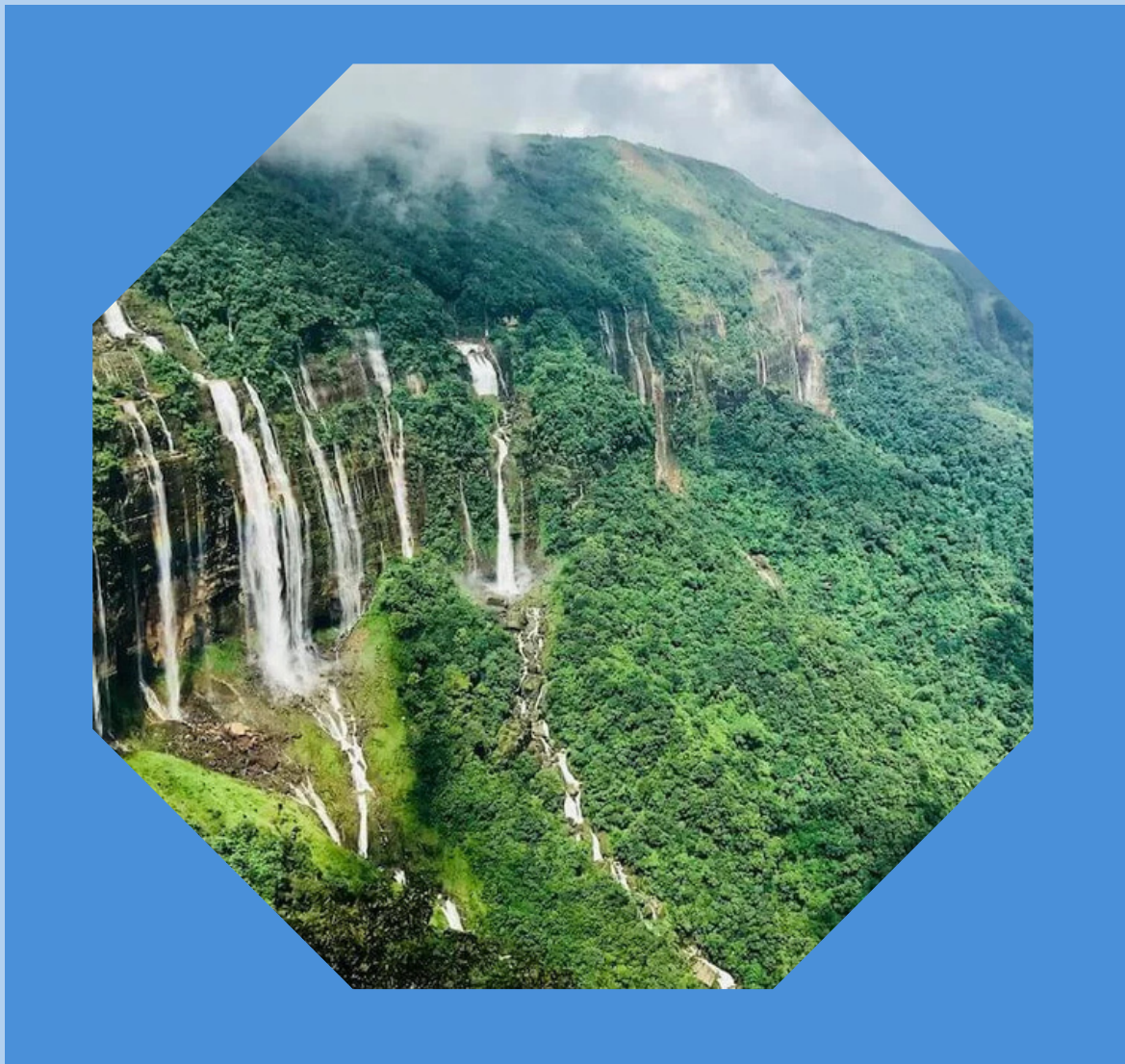
Clinical Psychology
Society of India



CPSI REGIONAL (NORTHEAST) WORKSHOP

**Commemorating the First Indian Psychology Day
on the occasion of Vyasa Purnima (Guru Purnima)**

RCI CRE (12 points) in partnership with CRC Shillong



**Organised by the Clinical Psychology
Society Of India in collaboration with
RoUTES, St. Anthony's College and
CRCSRE, Shillong.**

**Supported by DREAM (Drug Reduction,
Elimination And Action Mission)
Government of Meghalaya.**

Theme:

***Addiction Intervention Across The Spectrum:
Screening, Treatment And Recovery Oriented Care.***



27th & 28th July 2026



8:30 AM- 5:00 PM



**Venue: St. Anthony's
College, Bomfyle Road,
Lachumiere, Shillong,
Meghalaya - 793001**

Registration and bank account details:

Google form for registration

Bank account name: ROUTES SHILLONG

Bank account no. : 39828159280

IFSC code: SBIN0000181

Contact Us:



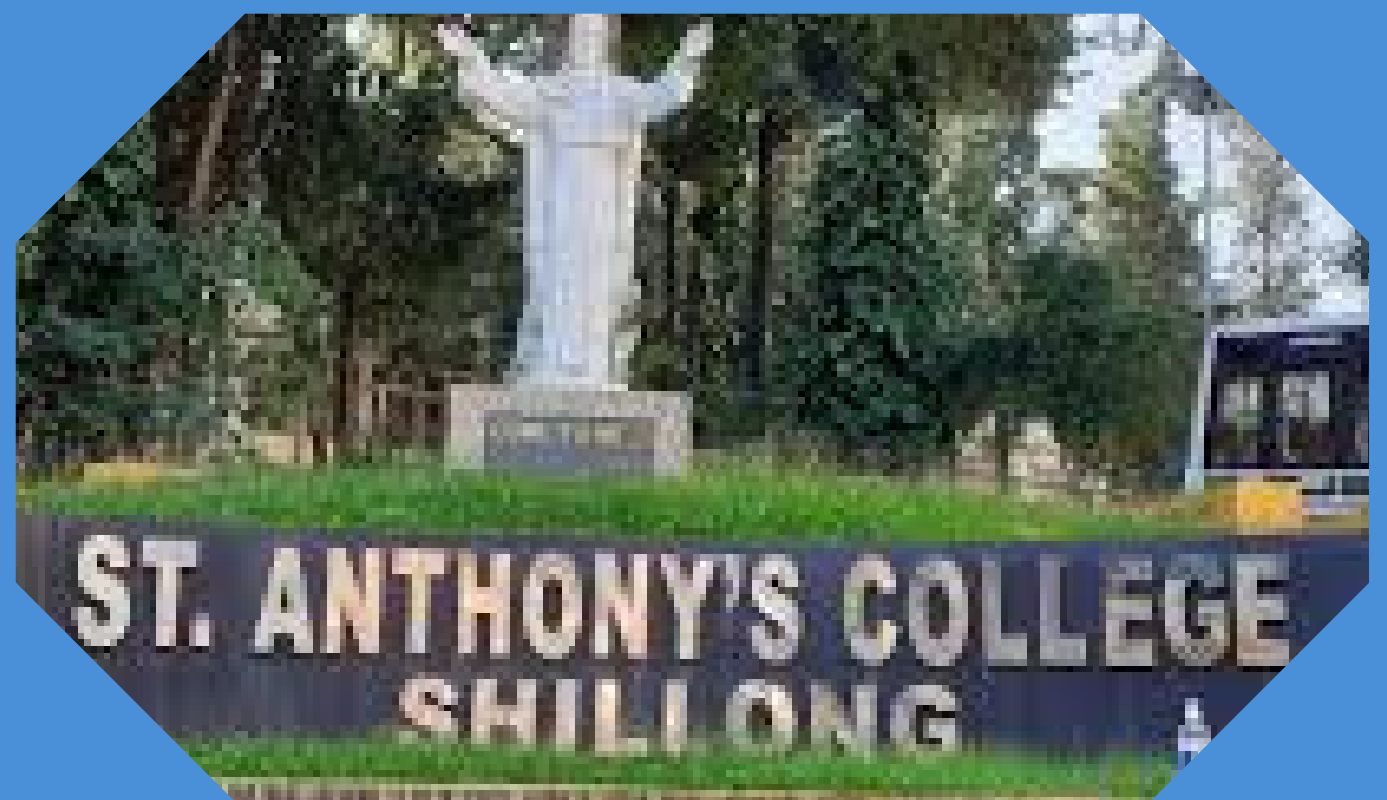
+91 9436175848/ 7085253948



routes.shillong@gmail.com



**RoUTES Shillong, 169, Barik,
Lower Lachaumiere, Shillong,
Meghalaya 793001**





RESOURCE PERSONS



Dr. Manoj K. Sharma,
Professor
Dept. Cl. Psychology
NIMHANS, Bengaluru



Dr. Rajesh Kumar,
Assistant Professor
Dept. Cl. Psychology
NIMHANS, Bengaluru



Ms. Pranami Barua,
Assistant Professor
Dept. Cl. Psychology
CRCSRE, Shillong



Dr. Mythili Hazarika,
Founder; Mynd Foundation
Associate Professor
Cl. Psychology
GMCH, Assam



Dr. David H. Blah,
Specialist LME,
Meghalaya
World Being



Dr. Jasmine M. Lyngdoh,
Director
RoUTES, Shillong

PATRONS



Mr. Francis Kharshiing,
Retd. IPS
Director
DREAM, Govt. Of Meghalaya



Dr. Jamuna Rajeswaran,
President
CPSI



Dr. P.P Mohanty,
Director
SVNIRTAR, Odissa



WORKSHOP SCHEDULE

DAY 1: 27TH JULY, 2026

SUB- THEME: ADDICTION ATTITUDES, DISABILITIES & FAMILY INTERVENTIONS

<i>TIME</i>	<i>TOPIC</i>	<i>RESOURCE EXPERT</i>
08:00. A.M.	REGISTRATION	
08:30. A.M.	INAUGURATION	
09: 00. A.M.	KEYNOTE SPEAKER: DR JAMUNA RAJESWARAN, PRESIDENT CPSI, ON THE TOPIC “ UNDERSTANDING SUBSTANCE - INDUCED COGNITIVE DECLINE”.	
REFRESHMENT		
10:00. A.M.	SOCIAL STIGMA & DRUG ADDICTION	DR. DAVID H. BLAH
11:00. A.M.	ADDICTION RELATED DISABILITIES.	MS. PRANAMI BARUA
12:00. P.M.	SCREENING & INTERVENTION OF ADDICTION RELATED DISABILITIES.	MS. PRANAMI BARUA
2:00. P.M.	VOCATIONAL TRAINING & SOCIAL REINTEGRATION.	MS. PRANAMI BARUA
3:00. P.M.	TRANSFORMING SOCIETAL ATTITUDES TOWARDS RECOVERY.	DR. J. M. LYGDOH
4:00. P.M.	FAMILY INTERVENTIONS IN ADDICTION RECOVERY	DR. MYTHILI HAZARIKA



WORKSHOP SCHEDULE

DAY 2: 28TH JULY, 2026

SUB- THEME: CONCEPTUALIZING ADDICTION, CLASSIFICATION, SCREENING & MULTIMODAL MANAGEMENT OF ADDICTION.

9:00. A.M.	HOLISTIC CONCEPT OF ADDICTIVE BEHAVIOURS: SUBSTANCE USE V/S BEHAVIOURAL ADDICTIONS.	DR. MANOJ K. SHARMA
10:00. A.M.	PATHWAY TO ADDICTION:RISK FACTORS & SCREENING OF ADDICTIVE BEHAVIOURS.	DR. MANOJ K. SHARMA.
11:00 A.M.	MULTI-MODEL TREATMENT OF ADDICTIVE BEHAVIOURS.	DR. MANOJ K. SHARMA.
12:00 P.M.	MOTIVATIONAL ENHANCEMENT TECHNIQUES FOR ADDICTION RECOVERY	DR. RAJESH KUMAR.
2:00 P.M.	MOTIVATIONAL INTERVIEWING ROLE PLAY	DR. RAJESH KUMAR.
3:00 P.M.	MANAGEMENT OF CRAVINGS & RELAPSE IN ADDICTION RECOVERY.	DR. RAJESH KUMAR.
4:00 P.M.	VALEDICTORY PROGRAMME	



COORDINATORS



Dr. (Fr) Arcadius Puwein,
Principal
St. Anthony's College,
Shillong



Dr. Mythili Hazarika,
CPSI Vice President
Northeast Zone



Dr. Ram Shakal Sahani,
Director
CRCsRE, Shillong

CONVENERS



Dr. Jasmine M. Lyngdoh,
CPSI Secretary
Northeast Zone



Mr. Roger V. Kharbamon,
Liaison Officer
DREAM, Shillong



Dr. Grace Mary Basanshrieh,
Assistant Professor
Dept. Psychology
William Carey University,
Shillong



Mrs. Riyaka Surong,
Counselling Psychologist
Founder
U_Matter, Shillong



Mrs. Arlene Kharnongrum,
HoD Dept. Psychology
St. Anthony's College,
Shillong



REGISTRATION DETAILS

DELEGATE REGISTRATION FEES

<i>CATEGORY</i>	<i>RATES (GST INCLUDED)</i>
CPSI PROFESSIONAL MEMBERS	₹ 1500
NON- CPSI PROFESSIONAL MEMBERS	₹ 2000
RCI MEMBERS WITH CRR (WORKSHOP REGISTRATION IN RCI PORTAL)	₹ 500
INDIVIDUAL STUDENTS	₹ 1000
STUDENT COHORT (MINIMUM SIZE OF 10 PERSONS)	₹ 8000
SPOT REGISTRATION	₹ 2800

Last date for registration; 23rd July 2026



INTRODUCTION

The Clinical Psychology Society of India (CPSI) is a registered society which acts as the representative body for Clinical Psychology and Clinical Psychologists in the India. It is responsible for the promotion of excellence and ethical practice in the science, education, and application of the discipline in the community. CPSI will/shall strive to determine and ensure the highest standards, play leading role in addressing the challenges of mental health currently and in the future.



EXECUTIVE COMMITTEE

MEMBERS



Dr. Jamuna Rajeswaran
President, CPSI



Dr. Kalpana Srivastava
Vice-President, CPSI



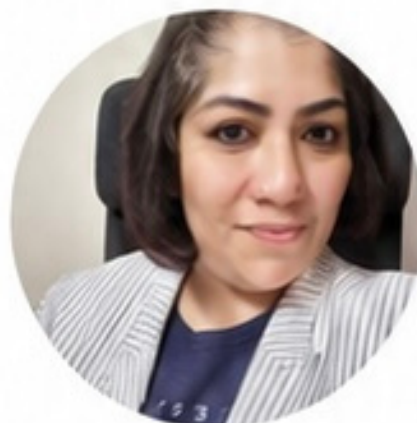
Dr. N Suresh Kumar
General Secretary, CPSI



Dr. Ravikesh Tripathi
Joint-Secretary, CPSI



Dr. Rithvik S Kashyap
Treasurer, CPSI



Ms. Smriti Joshi
Zonal Vice-President, North



Dr. Keerthi Pai
Zonal Vice-President, South



Dr. Prasanta Kumar Roy
Zonal Vice-President, East



Dr. Sudipta Roy
Zonal Vice-President, West



Dr. Mythili Hazarika
Zonal Vice-President, North
East



Dr. Manoj K Pandey
Zonal Vice-President, Central